

OSA 50 Screening Questionnaire

		If yes, <u>SCORE</u>
Obesity	Waist circumference* - Male > 102cm or Females >88cm	3
Snoring	Has your snoring ever bothered other people?	3
Apnoeas	Has anyone noticed that you stop breathing during your sleep?	2
50	Are you aged 50 years or over?	2
TOTAL SCORE	 / 10 points

**Waist measurement to be measured at the level of the umbilicus*